

First Aid

Who is the course for?

This course is for people requiring a first aid qualification equivalent to Workplace Level 2 First Aid or Senior First Aid.

Course requirements

There are no prerequisites for this course.

How will I be trained and assessed?

SMT's Training and assessment is very practical and is conducted in a classroom environment, activities will include:

- a written assessment* of underpinning knowledge
- verbal assessments of understanding of actions to be taken during an emergency and exceptional circumstances; and
- completing simulated practical activities and scenarios

What will I learn?

This course covers topics including:

Initial lifesaving first aid including: <ul style="list-style-type: none">▪ Management of the unconscious casualty▪ Cardiopulmonary resuscitation▪ Control of bleeding and shock	First Aid for common injuries and disorders, including: <ul style="list-style-type: none">▪ wounds; poisons, bites & stings▪ burns▪ fractures & soft tissue injuries▪ infection control & personal hygiene▪ extremes of temperature illness▪ workplace First Aid records, all in accordance with Australian Resuscitation Council (ARC) guidelines
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How long is the course?

This is a 2-day course (9am – 5pm). For those people who have a current First Aid Certificate completed within the last 3 years and wish to maintain currency, this can be achieved by attending and completing day 1 of this course. All equipment, training and assessment materials that participants need will be provided. Please bring your own writing materials.

What sort of credential(s) do I get if I successfully complete the course?

If you successfully complete all of the written and practical assessments, you will receive a nationally-recognised Statement of Attainment for

- HLTAID003 Provide First Aid

For eligible Tasmanian residents, this training is subsidised by the Department of State Growth, Tasmania.